

TESTIMONIALS: "The Tibetan Healing Miracle", the Course

Everyone should have access to tools that create and maintain health and joy in life, tools that are time efficient to do and will work for the rest of your life. The Tibetan Healing Miracle is such a tool. After only a few weeks of applying the exercises, I now feel calmer, safer and notice that when I wake up in the morning I have more energy and look forward to the day with a curiosity I've never experienced before. I've had problems with dental pockets (receding gums) for many years...already after only a few teeth exercises...my gums are now beginning to grow back over the teeth. Thank you Boris!

Peter Johansson

Thank you for amazing new guidance with the "Tibetan Healing Miracle"! I look forward to applying this new knowledge more now. Many of the exercises gave me reactions such as tingling energy, pain in a knee that disappeared, stiffness in my pelvis that softened, something releasing and making me bawl. When I worked with the urinary system, I peed much more than usual afterwards. The chakra exercise strongly affected my chakras - I felt their vibrations, balance and connections.

My husband had pain in his thumb and shoulders after gardening. I wanted to heal him, he's usually very critical but this time he was fully receptive. I began with the chakra system, both on him and myself simultaneously and many emotions and much love stirred up. After 5 minutes of healing, he sat up surprised, all his stiffness and pain was completely gone, and didn't return. Amazing! ...Thank you, Boris, for confirming to me that it's correct to work with the entire body system, the wholeness, the body's innate ability to deal with problems, creating JOY and LOVE! You really have conveyed this with conviction and empathy...Boris - you truly spread both joy and love in a powerful way. So beautiful!

Lill Siroiney

I'm in the midst of moving to another country with a number of pets and livestock, so much to do, but I still took this course...these methods are simply revolutionary and incredibly effective...they're invaluable. Most importantly, it teaches you how much you de facto are able to affect your own health and that of your loved ones' - in my case my animals' health. You gain a more optimistic, almost cocky, view on life and the future, which of course also improves your quality of life a great deal. You don't worry about disease or accidents anymore when you know how to get rid of them. So far I've tested the techniques on one of my horses which suddenly got lame in her front leg..She recovered very quickly after a few days' short healing sessions . All in all, I'm very satisfied with this course and will, with all certainty, continue to use this new knowledge for the rest of my life, anything else would be foolish.

Marja Heinonen

Thank you Boris for an absolutely amazing healing course!
I highly recommend the Tibetan Healing Miracle with Boris Aranovich. It is very well structured...Boris is so knowledgeable and being the recipient of his knowledge is a great gift. Thank you for an outstanding, great course!

Camilla Björlin

This is my new routine and results after attending the Tibetan Healing Miracle:

At night, I fall asleep within 5 minutes, my sleep quality has improved and I'm completely rested in the morning.

Mornings, I smile and laugh when I get out of bed, I'm more mobile and stable in my hips, I feel lighter in my body.

I feel lighter in general and have now a neutralized thought pattern.

Elsie Tarle

First of all, I want to thank you for this incredible video course. You can apply it and repeat the exercises whenever you want to (excellent format)... I have tried to loose weight for a long time -with difficulties...but using the slimming exercise made me loose 4 lb, which might not seem alot to others but is very much to me who previously haven't managed to loose an ounce..this also gives me an increased feeling of satisfaction....I also used the exercise for pain relief, and It's no longer painful to walk. I have also used that particular exercise on my clients with even greater results...the exercise for increasing joy fills me with a desire for life and happiness...it's now so much easier to detach from agitation or stress and create a state of joy and peace instead. The chakra balancing has given me a more stable general health condition in only one month. I'm less tired, have more stamina and my concentration - and focusing ability have increased...In the evenings, I do the exercise for the nervous system and my sleep has improved and I wake up more rested. Thank you again, Boris, for this knowledge and potential for greater health, which you so generously share..

Carmen Eshagi

This training has been very interesting and useful. Boris explains things so they are easy to understand. The animations are great. This is a course I highly recommend anyone interested in health matters.

Karin Janzon

This course, the Tibetan Healing Miracle, is incredible - something I recommend to anyone who wants to improve or maintain their health. It was very rewarding to learn how you can balance the body and expand consciousness...Some of the exercises have greatly contributed to increased balance and true relaxation, both physically and mentally...Thank you, Boris!

Thomas Lundin

I'm extremely grateful for the Tibetan Healing Miracle course...The chakra music is fantastic and the effect on the chakras is great...I'm also using the exercises for the spine in order to correct and align vertebrae....and my experience is that the neck has improved and I sleep better. Thank you!

Christina Bring

I have tried to help myself and several people with negative emotions, using this *magical* tool "the Tibetan Healing Miracle", and immediately felt emotions of happiness, great joy and calm. I asked one of my friends whom I helped how her problem felt after the healing, but she didn't understand what I was talking about - the problem was gone! Thank you so much, Boris, for your amazing work.

Marie Holmström

I have had several successes with the Tibetan Healing Miracle, especially with the visualizing a body part, placing it in the circle and then superimposing the circle in the correct place on the body. First, I had a terrible skin rash, possibly from Brown Tail Moth? Or maybe an undiagnosed wheat or dairy sensitivity or allergy? Most MD's overreact and prescribe meds. It even looked like strep or staph. But I didn't see a doctor. It took about 5 days, but it went completely away with no other treatment. I did a similar thing for diarrhea, concentrating on both the colon and the gut, because I didn't know if it was caused by bad gut bacteria, or something else. I may have slight symptoms of IBS? But the diarrhea is gone. And I "treated" a crusty spot on my nose that a dermatologist would surely have said was a skin cancer or pre.-cancer, and he would have zapped it with liquid nitrogen, or worse, done a biopsy...which would have left a scar. It barely shows now. It might have gone away faster if I had also used Aquatone, but I wanted to see how powerful just using my mind and the THM was. Needless to say, I'm feeling quite empowered...."

Betsy Stevens Palmer

The Tibetan Healing Miracle exercises for the spine eliminated the pain in my spine in only 5 minutes...it also improved the arthritis in my hips and I have less pain when walking now.

Malgorzata Okla

Thank you Boris for this amazing course - such an eye opener! ...After having applied the techniques, my metabolism has improved and I'm beginning to loose weight, I feel stronger and recover easier from challenges. Thank you so much!

Annika Lindskog

I've attended your course "the Tibtan Healing Miracle". I have a complex health situation. ...After meeting you, I have learned to work with the totality of the body and not the symptoms. This new course had a very profound effect on me. I've tried to gain weight for about 2 years now (weight loss due to intestinal problems and a bad and frustrating work environment)...I began with the exercise for the intestinal tract and have done so for 2 weeks now, and I'm beginning to notice a physical improvement with my bowels..and have also gained weight (6lb). For 2 weeks, I have also worked on my negative thoughts about my business manager with the intention to lessen my frustration with him. I met him again a few days ago, and none of the previous emotions were there - we even laughed together, which was wonderful...You explained each step in the corse in an easy way, which just increased the expectation on the next step :-).

Ann-Louise Hult

The THM PROGRAM - WOW!!!: Started using the program and after module 4 with still two more to go, have no words. Am totally in awe of this program and to say how amazed I am is an understatement. At a youthful age of 75 most of my adult life has been about learning about healing through massage, anatomy, dozens of healing modalities, body systems, energy, sound, underlying emotions, meridians and acupressure/acupuncture, love/mind/heart connections, releasing negativity, etc, etc. and in just 4 modules it is all finally coming together in simple to use techniques and comprehension. Am literally floored and grateful. The greatest part is the ability to let go and not have to figure out what the body needs in food, exercise, supplements, complaints...while I've been body aware for a long time, finally feel like I'm connecting to it in a way I've never been able to before and everything finally makes sense in how powerful the mind/heart connection can be. Can't wait to finish the program to see what else it contains, and to learn more about how to work with the aquatone device together with the exercises.

A great big THANK YOU!!!

Salome Eisenberg

I've learned many excellent exercises from the Tibetan Healing Miracle course, exercises which give me great joy and desire to keep continue doing them...

Already after only a few times of performing the exercises for my legs, arms and head, my body reacted very positively. Since a few years, I've had recurring pains and tingling in my left groin during nights, causing despair due to not being able to sleep. I've also had numbness in hands and feet during nights. But now, when I do the exercises before going to bed and in the morning, I sleep wonderfully well...So incredibly easy it was to remedy my problems!

I warmly recommend this course!

Anita

The Tibetan Healing Miracle course contains amazing tools which help me increase my quality of life. I've had physical proof of how the body's intelligence can restore the balance in my systems and how the power of thought can repair what's needed. I have already been able to release tensions and stagnations and have had other positive results and have created some very healthy routines in my life. I also use the Aquatone and the Triomed and will continue using these tools and the wonderful THM program.

I'm so grateful!

Vivi Sas

The Tibetan Healing Miracle has helped me so much. It's so nice to do the exercises and know that the body is restoring itself. Before, I felt like something was missing in my life, but now, this self-healing method, made me feel like being at Home again. Catrine Karlsson

Learning about the Tibetan Healing Miracle gave me new strength. I recently suffered from eye problems and had been having a very tough time. The Tibetan Healing Miracle was exactly what I needed as conventional health care doesn't offer much help...Since I started the course, I feel much better. My vision is slowly improving, my temper is more balanced.

I was longing for each webinar to start as they provided me with so much new knowledge. My sleep has improved and I believe I handle my children better. I will continue to learn more about these techniques.

Warm regards,

Pierre Börtin

"Normalizing my blood pressure"

I'm a healthy, 40 year old, woman. I have been working with my health and exercised for 20 years. I'm aware of what I eat, I take care of myself and continuously use mental tools, which I began with as a 15-year old athlete.

I was sure I was in TOTAL control of my health on all levels. However,

when carrying my fourth baby, my blood pressure began to increase although I was still physically active and ate well, including Omega 3. The doctors wanted to give me medications, but I said no. My blood pressure continued to rise even though I took additional measures re. my food. After the delivery, my blood pressure was still over the limit where med care wants to medicate, but I declined again.

When my baby was 4 months old, and the blood pressure was still too high, I found Boris by coincidence. Thank you Universe!

I purchased an Aquatone and started to detox my organs - wow, did that make my body happy! Minor ailments disappeared immediately, incredible!

I'm so glad I took the self-healing course, the Tibetan Healing Miracle! I have now learned to balance my nervous system and hormone system daily- in only minutes! This was a very important part of the puzzle for me and the help I needed to continue to be in good health.

In only one month, my blood pressure was back to normal, and I can now full enjoy my little baby boy without having the stress about something being off in my body. I feel absolutely great again! ...I have full confidence in Boris and will continue to be inspired by him and, of course, i recommend that you too take this step to improve your own health!!

A million thanks, Boris, you are a star!!

Tove

I'm completely convinced about the concept of being able to impact your health, physically and mentally, by becoming aware of your thoughts and breath.

I easily feel subtle tingling when I focus on various body parts...Boris, you seem to have a great understandig about all the functions of the body and how everything is connected to the psyche and the mental plane. It's exciting to take part of your knowledge, you gave me many insights about my own body. Wonderful that you share your knowledge...I liked the pictures of organs and processes, it made the course easy to understand as it activated more senses.

I'm happy that I now have a structure to use when applying energetic self-healing...you made it clear and real to me.

Warm regards,

Evelin Petersson

My successes with THM thus far:

I worked on several issues:

Hormonal balance, acidity-alkaline balance, gastro-intestinal track, spine, joints and nerves and nose.

I combined some of the audio tracks with the rest of the video programs.

I love many parts of the video program and of the mp3's as well.

To begin with the Feeling of Love, the visual and the music together I feel immediately full of joy and love, lifted up. I love this part that much that I am wondering how I can make a kind of screensaver with it. I agree with Boris how important this part is. It is as if I can feel the effect of it in my body already before starting with the rest of the program.

Really easy to use and lovely are the Sphere, the Pyramid and the Flower of life with the chakras. It helps a lot to focus and increase the result.

Truly funny and remarkable is the effect this all had on my overall energy level and my sleep.

Before I always had broken nights and slept 2- 3hours at night. In the morning I was so tired that I tried to get some more hours sleep up to at the most 5 hours. Whis most of the audio tracks lying in my bed and before I am going to sleep I just can't stay awake. Even when I try it. Haha. I listen to 4 mp3's at a stretch at the moment. I can sleep 6-7 hours, only broken by one bathroom visit. So this is an unexpected success! Also unexpected is the remarkable increase in energy (partly as a result from sleeping better of course).

As to the hormonal balance: at first I had a detoxing reaction. With age 65 and past all of this I got hot flashes again, and so called youth pimples (?), I had a lot of increasing skin rashes and problems. Last week it is getting better and better! My flashes have gone, my pimples are nearly gone and my skin is really nice soft.

About the gastro-intestinal issues. When I started I had to go to the bathroom for my stool 7 times a day and needed a lot of time for it. Last week I only go three times a day and don't need a lot of time. So you really can say it has success.

As to my spine: I had severe dislocationsd of the pelvisbone, some vertebraes a blockage in the neck and the hips. I did see an osteopath last Friday. He was amazed though how well I did manage despite the severe issues. My recovery went much smoother and faster than could be expected with these issues. The nose I only did for a short while when I had a cold, sneezed and was out of breath. it had immediate effect.

So concluding you can say I am really happy with this program and grateful! And this is just a part of what is possible.

Miriam Bonder-Latif

